



Beechwood Weekly



Monday, November 9th 2020

Upcoming Events, Deadlines & Notices

**1st Quarter Report Cards
will be mailed this week!**

Veteran's Day - No School

Faculty In-Service
Wednesday November 11th

**3rd Grade Parent/Teacher
Conferences**

Thursday Nov. 12th and Friday Nov. 13th
Contact Ms. DeGraça to confirm your appointment

**EarthCapades Virtual
Water Assembly For KP-5th Grade**

Thursday, November 12th, 1pm-1:45pm
This will be a livestream performance. Links to
assembly will be provided by the classroom
teachers.

Noon Dismissal

Wednesday, November 18th

Next Material Pick Up Date

Thursday, November 19th
Check with your child's teacher to make
sure you have something to pick up.

Important City Council Meeting

Tuesday Nov 10th at 5pm

Use link below for more info. on interim
programming including, afterschool child
care, senior services, and the community pool.

<https://www.menlopark.org/AgendaCenter/ViewFile/Agenda/3530?html=true>

Service Learning

If your children are participating in writing
Thanksgiving cards for the Senior Center,
or writing a Thank You card for retiring
teacher Gaby from the BHCDC, please make
sure to bring the cards to the office by this
Friday, November 13th.

Letter from Coach Hugues

Hello Beechwood Students!

This is coach Hugues, and I would like to talk to
you about the importance of remaining
physically active during this time of remote
learning.

Now more than ever, it is important to **get away
from our devices whenever we can** and to
spend some quality time outside (weather
permitting) in order to clear our minds and to
enjoy the outdoors.

This is important for several reasons: **physical
activity keeps us healthy**, and **being outside
reconnects us to nature** and our natural world.

The activity does not have to be
strenuous! **Going for a walk** is a wonderful
way to get out and away from your
screen. Moving your body will lift your spirits
and increase your focus.

So, I would say: if you have a bike, ride it, if
you have legs, go for a walk, or a run, if you
have a dog, take it for a walk. Find a buddy, put
on a mask and ride together, walk together or
run together.

The important thing is to **GET AWAY FROM
YOUR SCREEN AND MOVE**.

Be on the LOOKOUT in the next Newsletter for
a "Movement Challenge"!



Tuition Invoices Got a New Look!

Beechwood transitioned to a new school software
program for communication, attendance, grading and
billing so your next invoice is looking a little
different. If you have any questions about this or your
tuition balance due please contact
Melinda Christopherson at:

melinda@cafamilyfoundation.org

Remember to like us on Facebook!